Three Whites for Watercolorists Supply List

Below I list supplies that I prefer, but you may bring **anything** and **everything** that you normally work with. I find that professional quality supplies generally yield the best results. Please do not bring student grade paper! Questions? Don’t hesitate to email me! **ruth@rutharmitage.com**

**General Studio Supplies**

* Large (at least cool whip size) water container
* Cotton Rag for blotting brushes (old diapers work well)
* Paper towels, tissues, stencils, string or yarn
* Small spray bottle for water
* Artist's Tape, Pencil, Eraser, gatorboard or foam core for supporting paper, bulldog clips
* Sketchbook
* Wide or Brush Tip Black Marker, such as Pitt or Tombow artists pen
* Scissors or craft knife
* Charcoal or graphite &/or Black Stabilo Marks All Water Soluble Pencil
* ***Optional but very handy:*** Caran d'Ache Watercolor Crayons &/or Watercolor pencils

**Paper:** Bring what you normally use & like as long as it is not considered student grade. I like cold or hot press Arches 140 lb. I also sometimes work on Fabriano Artistico 300 lb Soft Press. Also please bring a small sheet of yupo or acetate. At lease one sheet watercolor paper per day, whatever size you’re comfortable with.

**Brushes**: I use an assortment of round & flat synthetic watercolor type brushes, plus a bristle brush: 1” Skipper brush available from Cheap Joe’s catalog (1-800-227-2788)

**Paints:**

**3 Whites: Winsor & Newton Designers White Gouache, a small container of White Acrylic Gesso, Titanium White *High Flow* Acrylic by Golden - You may also want to bring a small plate to mix acrylics on outside of your watercolor palette**

**Watercolors in a palette -** a basic palette to include a Warm & Cool Red, Yellow & Blue, plus Black, White and a few specialty pigments and earth tones. Add other colors you love or have on hand.

My favorites are :

Red: Cadmium Red & Alizarin Crimson &/or Quinacridone Red

Yellow: Indian Yellow or Aureolin and Cadmium Lemon or Winsor Lemon

Blue: Cobalt Blue or Ultramarine and Windsor Blue… maybe add an opaque like Cerulean Blue or Cobalt Turquoise

Earth: Quinacridone Gold, Raw Sienna, Raw Umber, Reddish Black (American Journey by Cheap Joe’s is my favorite) & Designer’s White Gouache by Winsor & Newton

Specialty or Convenience: Green Gold, Cobalt Violet Light (Holbein), Quinacridone Violet, Cadmium Orange, Brown Madder Quinacridone, Phthalo Green, Jaune Brilliant #1 (Holbein), Skip’s Green (American Journey)

**Please bring a sketch / value study to work from. Simpler is better! We will be working toward a more abstract approach, so keep that in mind when selecting a subject. Choose something to paint that gives you a feeling of strong personal connection.**